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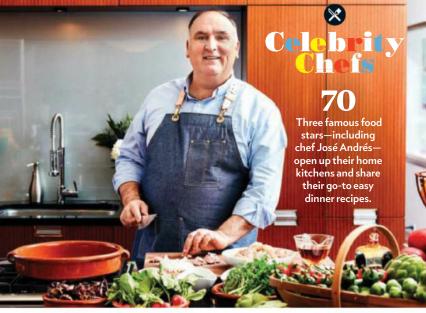
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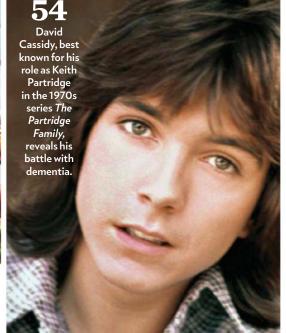
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ON THE COVER Photograph by Jana Cruder. Hair & makeup: Shannon Rhodes; stylist: Candice Lambert/The Only Agency; blouse: Marienbad; earrings: BP; insets, from left: Christa Renee; Paolo Stagnaro/Netflix; David Decoteau; Henry Diltz/Corbis/Getty Images



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editor's letter



Call to Action

IT WAS A WEEKEND NIGHT IN

Orlando and Angel Colon, 26, was at Pulse gay nightclub among friends. The gunfire started in the wee hours of Sunday, June 12. Angel was shot six times during the rampage and lay on the floor among other victims as a gunman fired shots into the fallen, just to make sure they were dead. Angel survived the attack that killed 49 others—the deadliest mass shooting in U.S. history—and has now joined a growing chorus of American voices calling for our nation's leaders to do more to

keep firearms out of the hands of dangerous individuals and terrorists. Even though the gunman who opened fire at Pulse had been investigated for ties to terrorism, he had no trouble buying powerful weapons (including a semi-automatic rifle) just days before the attack. In this issue's article from *People*'s ongoing series Finding Solutions to Gun Violence, Angel tells senior writer Steve Helling about his new mission, healing after three surgeries and learning to forgive the man who shot him and killed so many of his friends.

How do we stop the next mass shooting? How do we keep guns out of the hands of terrorists? There are no simple answers, but we clearly are not doing enough, and we need to know our representatives in Washington, D.C., are committed to fighting for us. In this issue (and on our site at people.com/call-congress) we have provided updated contact information for all current voting members of Congress, so you can find out what they're doing about the epidemic of gun violence in America—and let them know what you think we should be doing to protect our communities and keep our kids safe.







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ALL-STAR FAMILY OUTING

New Orleans, Feb. 19

One week after attending the Grammys together, Jay Z and Beyoncé (pregnant with twins) sat courtside at the NBA All-Star Game with 5-year-old daughter Blue lvy, who snacked on cotton candy and made friends with a mascot.











ROYAL COPILOT

Cambridgeshire, United Kingdom, Feb. 14

No flyaways here! A royal patron and honorary air commandant of the Air Cadets, Princess Kate visited **Royal Air Force Wittering** and met cadets at a skillsdevelopment camp.



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AFTER CHICAGO JUSTICE



THE DAUGHTER OF ELVIS

Presley and

and one time wife of Michael Jackson, Lisa Marie Presley has survived plenty of tumultuous times-and now shocking allegations are flying in her new court battle with estranged husband Michael Lockwood. In response to his request for spousal support, Presley leveled disturbing accusations against Lockwoodincluding child abuse, neglect and possession of "inappropriate" photos of children, according to her court filing. "Mr. Lockwood vehemently denies" the claims, says his lawyer.

As a result of the legal inferno, child protective services has placed the ex-couple's 8-year-old twin daughters, Finley and Harper, in the custody of Presley's mother, Priscilla, 71. "The girls have been with me and will be until all this is sorted out," Priscilla shared in a Facebook post.

According to court documents filed last month, \rightarrow Scoop



Presley, 49, claims she found "hundreds of inappropriate photos of children" and "disturbing video footage" on a laptop belonging to music producer Lockwood, 55-a discovery that left her "shocked, and horrified and sick to my stomach," Lockwood's lawyer, Jeff Sturman, has rejected Presley's claims, calling them "highly sensational, inaccurate and unproven." Police in Beverly Hills have confirmed they seized "several items" at a California residence but have since moved the case to Tennessee, where the family lived for several years. The Tennessee Bureau of Investigation tells People it is still investigating but has "not opened an official case." Presley also revealed that she recently sought "treatment" for unspecified

THE GIRLS HAVE **BEEN WITH ME** AND WILL BE UNTIL THIS IS ALL SORTED OUT -PRISCILLA PRESLEY

reasons, is financially struggling and living with her daughter from a previous marriage, Riley Keough, 27.

As for why both parents may have lost custody temporarily, "It looks like the county has decided to move the

children away from both parents to ensure they're safe while everyone figures out what's really happening here," says family law specialist Greg Girvan, who's not involved with the case.

It's the latest chapter in the roller-coaster personal life of Elvis's only child. Presley was 9 when her father suddenly died in 1977. In 1994, 20 days after her divorce from first husband Danny Keough was finalized, she married superstar Michael Jackson. They divorced after 20 months, and a 2002 marriage to Nicolas Cage lasted just three months. After marrying Lockwood in 2006, Presley spent two years trying to add to her brood, before getting pregnant with her twins at age 40. "I really wanted these babies," she told People after their birth. Now, says her mom in the Facebook post, "There's lots of confusion, commotion and concern."

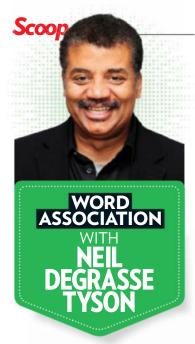
-Additional Reporting by Kathy Ehrich Dowd and Kara Warner

BACK TO REALITY...TV

"Mama" June Shannon is back, and she's ready to show off her brand-new body—almost. "I'm really nervous because everybody's so used to me at like 460 pounds," Shannon says. The reality star underwent a gastric sleeve, plastic surgeries and intense workouts for a new WE tv series, From Not to Hot (Feb. 24), but the dramatic transformation won't be revealed until the show's finale. "Recovery has been a slow process," says Shannon, who's been in hiding since she finished her makeover. But she says the results are worth it, if a little hard to get used to: "Being able to wear a shirt without sleeves is still odd. I normally never do that!" -EMILY STROHM







THE ASTROPHYSICIST JUST WRAPPED UP SEASON 3 OF HIS SCIENCE TALK SHOW STAR TALK, NOW STREAMING ON NATIONALGEOGRAPHIC.COM

Aliens

Intelligence. I think how stupid we'd be compared to them. If they flew across galaxies to get here in a spaceship, they'd be vastly more technologically advanced than us—and deeply smarter. So clearly they'd be our overlords.

Politics

Science. Once you learn about politics, you can navigate them. But my job is to infuse the political process with as much science and rational thought as possible so both sides can find more ways to agree with each other.

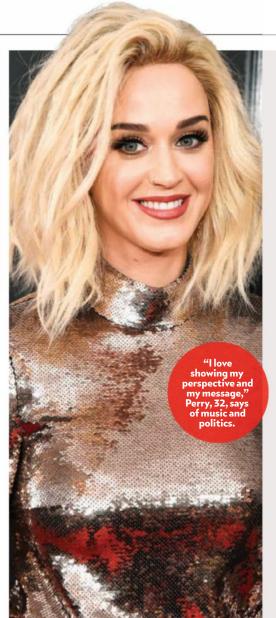
Planet Earth

Worried. I'm concerned we're not enlightened enough regarding the future of the Earth and our own survival. I like the phrase, "We don't bequeath the Earth to our descendants, we are borrowing it from them." We want to hand it to the next generation better than when we got it.



Dogs

Love. I have a special relationship with dogs because I used to walk them when I was a kid and used that money to buy my first significant telescope! -GILLIAN TELLING



CATCHING UP WITH . . .

KATY **PERRY**

This month the busy pop star released a new single, "Chained to the Rhythm," and launched a Katy Perry Footwear line. But her real passion is political activism. "I try and stay focused on what's real and the change that's going on in the world," says Perry, who supported Hillary Clinton's presidential campaign. During her Feb. 12 Grammys performance, Perry wore an armband that read "Persist"—a reference to Sen. Elizabeth Warren's being silenced while reading a 1986 letter by Coretta Scott King about Attorney General nominee Jeff Sessions. Perry's liberal views have drawn some criticism, but "I've let go of that stuff," she says. "I want to be positive every step of the way. Sometimes it's difficult, but I try." Her tip for dealing with haters on social media? "'Out of sight, out of mind' really works!" - SHARON KANTER

THOMAS RHETT ADOPTING ... AND PREGNANT!

Thomas Rhett is preparing for a sleepless 2017! The country star, 26, and his wife, Lauren Akins, were in the midst of adopting a baby from Africa when they were shocked to learn Lauren was pregnant. "It's almost like we suddenly had twins," the singer tells People. "We feel more than blessed," adds Lauren, who is due with a daughter in early August. "It feels like it's what was supposed to happen." In the meantime Thomas Rhett is seeking parenting advice from pals. "I got a few tips from Dierks Bentley. He was like, 'Red Bull is going to be your best friend!"" - EILEEN FINAN





up against the boys on the show?

Gwen Stefani: They deserve it, but I think everybody wants to gang up on Alicia because she's so popular and gifted with a billion Grammys. Everybody wants to be with Alicia. Blake Shelton: But the three of them gang up on me all the time! I don't know why ... are y'all just intimidated? Alicia Keys: Only Adam really gangs up on you, Blake, 'cause Gwen's all "Aww." and then Blake and Gwen turn into double "Aww."

Adam Levine: We don't gang up on the girls because that's not right. I just take all that energy and focus it on Blake.

you about each other? Keys: I like Blake so much. I didn't think I

was gonna not like you, but I think you're a cool guy! And Adam kind of surprised me—he is a big, big complainer! Shelton: Just keep going. I love this. Levine: I've had the longest love affair with Blake out of everyone. Stefani: I wish I was you. You're so lucky! Levine: I know. I remember when I first saw him, I was instantly very taken by him because he's not a cookie-cutter guy. We do mess with each other, but it comes from a place of love. It's fun to talk s--- with him.

Stefani: Blake's so funny.

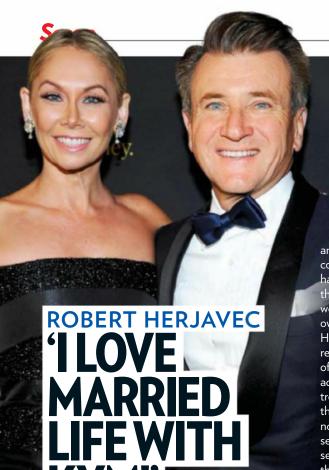
around, but he has a huge, huge heart. He's one of my best friends.

Keys: I actually just really love the dynamic of the four of us. It feels really good. And I'm so grateful that people can get to know me. I can play around and be silly and then be serious.

Adam has a 5-month-old daughter, Alicia has two sons and Gwen three boys. Your lives must be crazy!

Stefani: Yes, and my life is still crazy! I had the craziest mom morning this morning. But I love being here so much. Levine: I know I'm in for it, but my baby can't talk yet!

Stefani: You just wait! - MELODY CHIU



Nearly eight months into newlywed life, Robert Herjavec, 54, and Kym Johnson, 40, could not be more in love. "We're having a great time," the Shark Tank star says. "It feels like we've been married forever." The Croatian-Canadian

KYM!

entrepreneur and his former Dancing with the Stars partner (turned partner in real life) tied the knot in July 2016 after being engaged for four months. "I'm learning something new about her every day," says Herjavec. "She's starting a business,

'WE'RE BOTH SO BUSY. HERJAVEC SAYS OF JOHNSON

and I can't believe how committed she is and how hardworking she is." While the Australian beauty is working on launching her own dance studio, Herjavec says he's had to restrain himself from offering any business advice. "I'm trying not to treat her like a pitcher in the Shark Tank," he says, noting that the eighth season of his ABC reality series is almost over and that his time on the show has been "incredible." "We are celebrating \$100 million in deals made in the Tank," he says of a special episode airing on Feb. 24. "You'll see some of our top deals, some of our misses, and you'll hear entrepreneurial stories that demonstrate sometimes a 'no' is just a step on the pathway to a 'yes.'" - CHRISTINA DUGAN



LAUREN POTTER

Lauren Potter is nursing a broken heart. The Glee star, who accepted a ring last August from childhood-friend-turned-boyfriend Timothy Spear, told People that she's single again. "It hurts," says the 26-year-old actress and advocate for people with special needs, who had been talking to TLC's Say Yes to the Dress and was offered a custom wedding gown when Spear ended their relationship over the holidays. ("He didn't like the publicity," says Robin Sinkhorn, Potter's mom.) But Potter, who will appear on the April 11 finale of Switched at Birth, is hoping to move on—she's even gone out on a few dates. "She looks adorable," says Sinkhorn. "She's looking forward to the future."

—LYNETTE RICE

THE KIDZ ARE ALL RIGHT

Kidz Bop, a rotating group of young singers who cover the latest pop hits for a tiny-tot audience, has a new lineup. The insta-group—which stars six powerhouses, some of whom have been performing since the age of 2—has already released a new album, Kidz Bop 34 (out now), and is about to delight the junior set on tour. "I can't wait to meet fans," Freddy tells People. Says Isaiah: "I've never been on a tour bus!" Adds Cooper: "I've never been on a stage before!" -MARIAH HAAS





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THE 'ELVIS' Diana said the **Catherine Walker** silk gown and jacket, set with sequins and pearls, reminded her of Las Vegas-era Presley. She wore it twice in 1989. The weight is quite extraordinary," says Lynn.

PRINCESS DIANA'S DRESSES ON DISPLAY!

When she captured the spotlight at 19, the then "Shy Di" had yet to find her fashion footing—or her personal strength. But as Princess Diana evolved, so did her style, and now a new exhibit at Kensington Palace, Diana: Her Fashion Story, traces that journey. "She understood the language of clothes," says curator Eleri Lynn. "You see her go from the frills of the early '80s to understanding what suited her as she became this fantastically selfconfident woman." —SIMON PERRY

Diana wore this Bill Pashley tweed suit on her 1981 honeymoon with Prince Charles. "She asked for two versions and chose the larger one that gave her more room for country pursuits like walking and shooting," says Lynn.

WORK UNIFORM

During hospital visits, "Diana would wear clothes in cheerful colors like pink and red to convey approachability," Lynn says of this Catherine Walker suit, which Diana wore in 1996 to the Lighthouse HIV/AIDS charity

Diana twirled in a midnight-blue velvet gown by Victor Edelstein for her iconic dance with John Travolta at the White House in 1985. "She had wanted to be a ballet dancer as a young girl," notes Lynn. "This was really a meeting of her interest in cinema and her love of dance.'



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passages



BABIES

Guardians of the Galaxy Vol. 2 star Zoë Saldana, 38, and her husband, Marco Perego-Saldana, 37, announced on Feb. 18 that they had welcomed a third child-a boy named Zen. The couple are already parents to 2-year-old twin boys Cy Aridio and Bowie **Ezio.** Tony Awardwinning actress Laura Benanti, 37, and her husband, Patrick Brown, welcomed their first child, a daughter named Ella Rosa, on Feb. 14.

WEDDING NEWS

Parenthood's Jason Ritter, 36, is engaged to Two and a Half Men actress Melanie Lynskey, 39. • Soccer star Abby Wambach, 36, and Christian mom blogger Glennon Doyle Melton, 40, are engaged.

ACCIDENT

Brooklyn Nine-Nine makeup artist Stephanie **Scott** is recovering after her car fell into a 20-ft. sinkhole in Los Angeles on Feb. 17. A GoFundMe account titled "Stephanie Scott Medical Support"

has been established to help cover her medical costs and replace her tools.

DEATHS

Norma McCorvey, the plaintiff in the landmark 1973 Roe v. Wade case that expanded abortion rights in the U.S., died from a heart ailment on Feb. 18 in a Texas assisted-living facility. She was 69.

• Christian Evans, 46, the





Julie Bowen, 48 March 3, 1969

ex-husband of actress Ricki Lake, has died after a lifelong struggle with bipolar disorder.

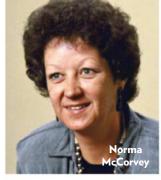
Christian Omar Abdel-Rahman, 78, a.k.a. the Blind Sheikh, who was convicted of plotting terror attacks in New York City in 1993, died on Feb. 18 at the Federal Correction Complex in Butner, N.C.

PERSONAL STORIES

ABOUT GIVING

BACK

By Jessica Fecteau





Archie Panjabi
The Blindspot actress, 44, is using her

voice to help eradicate polio worldwide

Polio, a disease that attacks the nervous system leading to paralysis and sometimes death, was wiped out in this country in the late 1970s, but in the 1980s there were more than 350,000 cases in the world. I came on board in 2011 when Rotary International asked me to be an ambassador. It struck a chord in me right away because I'd spent a couple of years in India as

a child, and I remember seeing ailing children on the streets rolling themselves on planks of wood begging for money. When I learned what polio was, and I realized that it was the same thing I had witnessed, I immediately joined. There are only

a few dozen cases left in three countries, but it is very contagious, and if it's not completely eradicated, it can come back—a resurgence in the disease would lead to 200,000 cases of paralysis per year. Just two drops of a vaccine that costs less than a dollar can prevent a child from getting it. The

finishing line is close, and that's what motivates me.

-REPORTED BY KARA WARNER

For more information about polio eradication efforts, go to **endpolio.org**



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A DOZEN COOL THINGS TO SEE, HEAR READ AND DOWNLOAD THIS WEEK



The fight for gay equality becomes an epic narrative of both passion and politics

IV DRAMA This inspiring four-night miniseries, from director Gus Van Sant and screenwriter Dustin Lance Black, in a sense returns to and expands on Milk, their 2008 biopic about assassinated gay leader Harvey Milk. Focusing once again on San Francisco, Rise is about the decades-long campaign for LGBT rights fought for by a number of real-life figures, including Cleve Jones, who founded the AIDS Memorial Quilt project, and Roma Guy, a much-honored advocate of women's and health issues. The first two nights have a special power thanks to Van Sant's talent for casting young, strongly empathetic new faces—Austin P. McKenzie as Jones and Emily Skeggs as Guy. (This is not to complain that they grow up into actors as interesting as Guy Pearce and Mary-Louise Parker.) In a year in which every political topic has the instant, wriggling jolt of an electric eel, Rise is a reminder of how much strategy, vision and bravery gay progress required, and how far we've

come. At one point Parker asks, "Gay dads—I wonder if that will become a thing." (ABC, Feb. 27, 9 p.m.)

When We Rise

picks



Manchester by the Sea

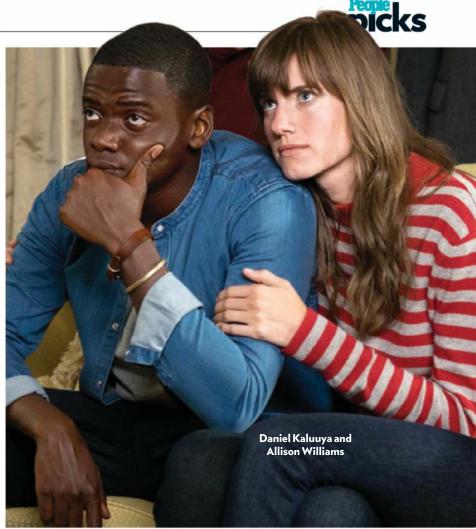
DVD+STREAMING DRAMA Oscarnominated
Casey Affleck plays a grief-stricken man
whose loved ones, including his ex-wife
(Michelle Williams, also nominated),
try to coax him back to life. He resists—he's like a
dried-out plant that would just as soon shield its leaves
from the watering can. This one will leave you weepy,
possibly for some time.





Get Out Guess who's coming to dinner? The next victim **COMEDY-HORROR**

When Chris MOVIE (Kaluuya) and Rose (Williams), his white girlfriend, drive out to visit her family in a remote, leafy suburb, Dad takes Chris on a tour of the house. The basement door, he casually mentions, is sealed because of a problem with "black mold." Chris is in for a far more toxic experience—a racist nightmare—in this daring, funny and thumpingly suspenseful movie written and directed by Jordan Peele. The setup is obvious enough to be genre parody (starting with that title), but Peele pushes the story until it becomes not only outrageously bloody but queasily perverse. Kaluuya plays the central role with a laser-focus seriousness that's essential to making the whole thing work. (Feb. 24, R)







Taken No. **DRAMA** In this prequel to the hit movies, Clive Standen (Vikings) takes on the iconic Liam Neeson role of Bryan Mills, an ex-Green Beret with an exactingly bloody sense of justice. Standen is physically more like a ticked-off Jon Hamm, but that doesn't affect the premiere's pulp-action drive. (NBC, Feb. 27, 10 p.m.)

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Little Big Town, *The Breaker*The band is back with some new fixings

COUNTRY This latest album from the Nashville quartet blends their feel-good sentimentality with the adventurous R&B vibe that they explored on 2016's

Pharrell-assisted *Wanderlust*. "Drivin' Around" will put you into high gear for singing along. (Feb. 24)



No.

No. My Life as a Zucchini

The story of this Oscar nominee is starkly simple: An orphan adjusts to life in a group home. But there's magic in the stop-motion animation, which is beautiful rather than merely pretty, and a message of hope. (In limited release Feb. 24, PG-13)

No. 1 I Don't Feel at Home in This World Anymore COMEDY-DRAMA Lynskey is Ruth, a

nursing assistant out to catch whoever stole her laptop and silverware.

Teamed with her peculiar mouse of a neighbor (Wood—well, of course), she embarks on a quest into an underworld where the criminals are inept but, for all that, deadly. Odd and oddly enjoyable. (Launches Feb. 24)











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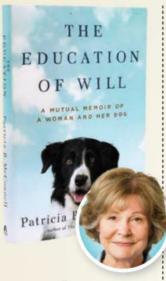
PEOPLE on Snapchat Discover



No.

The Best New Books

Another winner from the author of Orphan Train, a mother-daughter tearjerker and a rescue pup who rescues his owner right back EDITED BY KIM HUBBARD



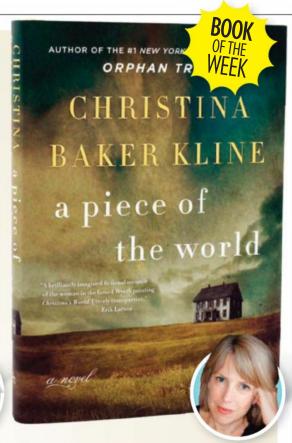
HEPWORTH the mother's promis

Patricia B. McConnell The Education of Will

MEMOIR A well-known dog trainer and authoralready the owner of three senior dogs-decides to take in Will, a border collie puppy with a lot of issues. Through her work with him, she finds the courage to deal with her own trauma and abuse issues. Heartbreaking and heartwarming.

Sally Hepworth The Mother's **Promise**

NOVEL Alice and her daughter are a tribe of two, that is until Alice's cancer diagnosis. Facing surgery and chemo, Alice realizes that 15-year-old Zoewho's paralyzed by social anxiety-will need more than just her mom. Grab the tissues: This story of a mother's search for a loving, fierce protector for her child won't leave you dry-eyed.



Christina Baker Kline A Piece of the World

NOVEL In this beautifully observed fictional memoir, Kline (Orphan Train) uses Andrew Wyeth's iconic painting Christina's World as the taking-off point for a moving portrait of the artist's real-life muse. Hobbled by infirmity, Christina Olson lives on a remote farm, waiting for the world to come to her. The story spans decades as she experiences the hope and anguish of early romance, the burdens and joys of family history, before discovering the many ways there are to love.

Sue Klebold A Mother's Reckoning

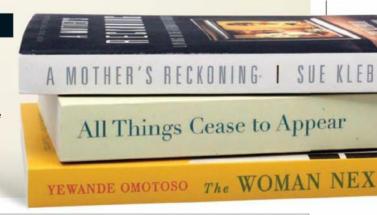
Columbine school shooter Dylan Klebold's mom reflects bravely, insightfully, agonizinglyon how her late son's mental illness led to a massacre.

Elizabeth Brundage All Things Cease to Appear

Catherine Clare keeps telling her husband the old farmhouse they're living in has ghosts-and then she's murdered. A creepy tour de force.

Yewande **Omotoso** The Woman **Next Door**

Two elderly Cape Town widows—one black, one whitefind their mutual animosity fading in Omotoso's wise and witty tale.



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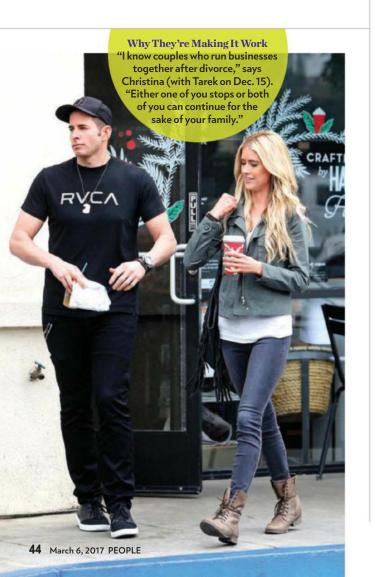
Nearly a year after her marriage came apart following an incident involving a gun, the HGTV star talks about that rocky relationship, working with her ex and why she's finally 'genuinely happy'

By EMILY STROHM

Photographs by JANA CRUDER



ot so long ago Christina El Moussa was in the backvard of her home in Yorba Linda, Calif., rattling off Valentine's Day plans. "Every year I like to go really cutesie, so I buy heartshaped balloons for the kids and decorate the dining-room table," she says. "For dinner we'll make heart-shaped pepperoni pizzas, then do movie night." But this year the romantic holiday was different it was the first time in a decade she didn't spend it with her husband. "I'm adjusting," Christina says of ending her seven-year marriage to her HGTV costar and business partner Tarek El Moussa. "We are



going to take it one day at a time, but I know this was the right decision for us. Tarek and I are ready to move forward with the next steps of our lives."

For the couple—who share daughter Taylor, 6, and son Brayden, 18 monthsleading separate lives isn't really a possibility yet. Just as Tarek filed for divorce this January, their hit series Flip or Flop returned to high ratings, and whatever their personal challenges, the pair are determined to stay united onscreen. The El Moussas are currently filming new episodes of season 7 and remain under contract with HGTV through much of 2017. They also cohost a series of lucrative seminars. With a real estate empire worth millions, they have plenty of incentive to work as a team. "It's just normal to us," Christina says. At a Feb. 10 joint appearance in Las Vegas, "we had fun onstage together and went home to different houses, but we both went home happy. It's comfortable for us to work together."

Getting there hasn't been easy. In December it was revealed that the El Moussas, who played a happy couple in public, had been secretly separated for months. The cause of the split was disturbing: According to a Yorba Linda police report, a hysterical and crying Christina called 911 in May 2016, believing her husband was suicidal after he fled their home with a gun following a heated argument. A helicopter and 11 officers were dispatched to the scene. Tarek was apprehended in nearby Chino Hills State Park and, while not judged dangerous by authorities, was ordered to temporarily hand over his extensive gun collection. After a swirl of damaging speculation about his erratic behavior, the pair closed ranks, describing the incident as an "unfortunate misunderstanding" in a joint statement and suggesting that he had brought the pistol along on a hike to protect himself against mountain lions. (It is illegal to carry firearms in California state parks.)

In a Feb. 13 interview at her home, Christina was careful not to discuss exactly what happened that fateful day—a source says the couple have an agreement not to disparage each other.

A STRAINED Marriage



Pressure of Fame As Flip or Flop took off, "the more she sparkled, the more he regressed," says a source.



His Cancer Battle
Tarek took just
one week off for
cancer treatment,
even shooting
as he underwent
radiation.



A Fertility Battle Christina miscarried while pregnant via IVF. She was on bed rest when pregnant with her son Brayden.



A Media Frenzy
"I was surprised
how many people
thought it was a big
deal," Christina says
of the split news.
"We're not used to
this kind of press."





Still, she says it proved to be the breaking point in a troubled union: "It just made me realize that us being separated was healthier for both of us." After the incident she packed up her children and moved in with their nanny for six weeks, returning to the family home once she knew Tarek had moved out. "I didn't necessarily know that we weren't going to get back together," she says. "It was after seeking therapy and trying to work things out that we both realized this is for the best." (Tarek El Moussa declined to comment for this story.)

As they became rich as a houseflipping double act, the El Moussas discovered reality fame didn't mix well with marriage. The California natives met while working in real estate in 2005 and wed four years later. "Like any couple we had our share of issues," says Christina. "But we went through a lot in a short amount of time." A successful audition tape led to stardom on Flip or Flop in 2013, but not long after, Tarek was diagnosed with thyroid cancer. "I had never even known anyone with cancer, so it was a very scary time," says Christina. Doctors

recommended radiation, and **Off Apart** 'I feel that the decision we made was right," says Christina (at her Yorba Linda home on Feb. 13). "There's been

the couple, who had been trying for baby No. 2, opted to bank his sperm rather than wait more than a year for his system to clear. As Tarek went through cancer treatment, Christina began a grueling two-year struggle to get pregnant via

in vitro fertilization and suffered a miscarriage in 2014.

Ultimately the El Moussas welcomed a son, Brayden, in 2015, but the stresses intensified. Speaking engagements multiplied alongside a grueling shooting schedule, and to keep up with their accelerating business interests, Christina went back to work four weeks after having her baby. "It was too soon for me," she says. "I was overwhelmed. Tension between me and Tarek was high." Showing off their new infant in a 2015 interview and photo shoot for People, the pair joked about Tarek's unwillingness to change a diaper and inability to handle household tasks.



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"The hardest part for me was being separated for my kids,' says Christina. "The first night thev weren't at home I felt like there was a gaping hole in my chest."

Behind the scenes those issues were no laughing matter. "We weren't able to properly communicate anymore," she says. "It got to the point where we

When they finally separated last May, Christina felt relief. "I think the separation process begins long before people actually separate," she says. "So by the time we officially did, I felt like a weight was lifted off me." The pair kept the split secret from HGTV execs and others for months, "not because we were trying to hide anything or deceive anyone, but because we're private people. We just weren't ready to make a big, public statement." Whatever displeasure that caused, the network and the El Moussas quickly decided to remain

in business together. But personally there has been great 'MY FOCUS HAS ALWAYS BEEN ON THE KIDS. I LIVE FOR

-CHRISTINA **EL MOUSSA**

weren't even driving to set together."

sadness. Christina says sharing the news with her daughter was particularly heartbreaking: At first "we just tried to be really vague. We're always remodeling our house or the yard, so when I moved out with the kids temporarily, we didn't really get into it, and she didn't ask." When the couple decided that reconciliation was not an option, "Taylor asked if we could get back together," she recalls. "We had to explain that sometimes couples get divorced but that she and Brayden are our No. 1 priority. We'll always be a family."

Even before their separation became known, the El Moussas began dating other people. Still, tabloid speculation that infidelity factored in the breakup has been devastating to Christina. "It's completely false and couldn't be farther from the truth," she says. "Those rumors have really bothered me." Although she has been photographed with contractor Gary Anderson, she says she's single and a new relationship is the last thing on her mind. Both exes are sensitive when it comes to new romances. "Tarek and I don't discuss each other's personal lives. It is what it is, and we are going through a divorce and we will be dating other people," she says. "I'm happy for him and whatever steps he takes in his life and hope he's happy."

As she navigates the complexity of divorce, Christina is focused on her children first. "It's easier to make [coparenting] work than to not make it work," she says. The pair split time with the children equally. "No matter what, I never want to say something about Tarek that my kids would have to read about later. That's their dad, and it's not my focus to put him down."

Thus far the dissolution of the El Moussa marriage has proceeded with little ugliness, and the couple is committed to working together in the future. But Christina is also realizing that playing half a real estate dynamic duo may be over. She is pursuing her own business interests, including writing a new book. "There are so many unknowns, [but] it's invigorating to know I am starting over," she says. "It's fun to be able to create my own destiny right now." ●



Watch the full episode of People Cover Story: Christina El Moussa, available now on the new People/Entertainment Weekly Network (PEN). Go to people .com/PEN, or download the PEN app on your favorite device.

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1. Pax shot this photo of Jolie with Maddox and author Ung. "They did great work on-set," says Ung of Pax and Maddox. 2. Another set photo by Pax. "There were sad days on-set, and there were difficult long hours," says Ung, who says to lighten the mood, "we ate a lot of bugs! The kids—the cast kids—that's our junk food of choice." 3. At the Feb. 18 premiere Maddox and Shiloh joined Jolie onstage.



crew and keeping all of the dialogue in Khmer. As a child. Ung saw her parents and two of her siblings killed in the Communist campaign that wiped out an estimated 2 million of the country's 7 million citizens between 1975 and '79.

Yet Jolie and her kids helped keep the mood light on-set, especially for the child actors. "It was such a family feel," Ung tells People. Maddox worked as Jolie's assistant and Pax as set photographer. "Pax is a talented photographer, and Mad is so kind and generous," says Ung. "The cast kids all looked up to him as a big brother. You see that when he's with his own brothers and sisters and when he's with the cast kids. He makes them laugh."

For Jolie the film is a longtime passion project. After first visiting Cambodia, in 2000, when she filmed Tomb Raider, "I read Loung's book," Jolie said before the premiere. "It helped to open my eyes to what was going on in the world." In 2002 Jolie adopted Maddox from an orphanage in Battambang, cementing her commitment. "It feels like a second home to me," she said. "The children have close ties to the children here. Many of them are best friends. Maddox is happy to be back in his country."

In her first public outing since she filed for divorce from Brad Pitt last September, Jolie brought all six of their children-Maddox, 15, Pax, 13, Zahara, 12, Shiloh and twins Knox and Vivienne, 8—to the Cambodian premiere of her film, which tells the story of the country's 1970s Khmer Rouge genocide through the eyes of a child who survived. (It will be released later this year on Netflix.) The trip reflects the deep personal ties she has with the country that "changed my life," Jolie told the BBC. She also addressed how she's coping with her split from Pitt. "We've all been through a difficult time," she told the BBC. "My focus is my children—our children.... We are and will always be a family."

When Jolie chose to direct the adaptation of the memoir by Loung Ung, a survivor of the Khmer Rouge regime and her longtime friend, she set out to keep it authentic, hiring Cambodian actors and

'WE WILL GET THROUGH THIS

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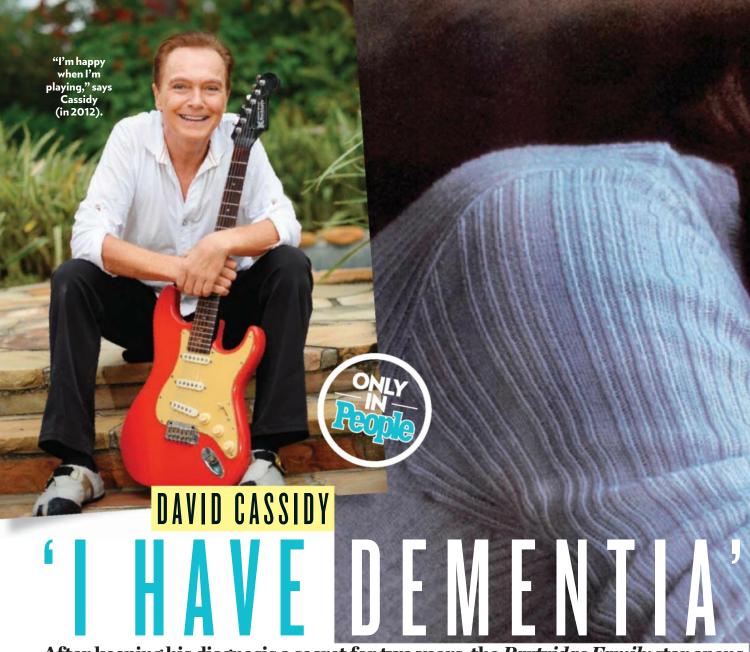


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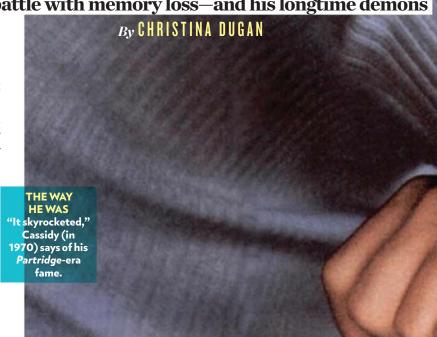


After keeping his diagnosis a secret for two years, the *Partridge Family* star opens up about his devastating battle with memory loss—and his longtime demons

Toward the end of her life, Evelyn Ward

tumbled so deeply into the grip of dementia that one night she wandered into the street in her nightgown with no idea how she got there. "I watched my mother disappear," says her only son, singer David Cassidy. "In the end the only way I knew she recognized me is with one single tear that would drop from her eye every time I walked into the room." Feeling helpless throughout her "heartbreaking" 20-year decline until her death at age 89 in 2012, says Cassidy, "I feared I would end up that way."

Three years later his nightmare would become a cruel reality: In 2015 the onetime Par-







HIS ROOTS "She was a beautiful person," **Cassidy says** of his mother, **Evelyn Ward** (left, in an undated photo). His dad, Jack Cassidy (right, in 1971) was one of the most talented human beings l've ever worked with."



tridge Family star and '70s teen idol was diagnosed with the early stages of dementia—a diagnosis he has kept secret until now. "I was in denial," says Cassidy, 66, "but a part of me always knew this was coming."

The signs were there. In recent years "he'll forget things or lose things," says Cassidy's keyboardist and album producer, Craig Snider. "It's very anxiety-provoking for him because it's like, 'I know I should know, but I can't access it.' So it gets really scary and frustrating." Then on Feb. 18 Cassidy—who has previously opened up about his past battle with alcohol abuse and says he has been sober "pretty much" since rehab two years ago—struggled to remember lyrics to songs he had been singing for nearly 50 years during a show in Agoura Hills, Calif. Footage of the performance led fans to speculate that he had relapsed. "I was concerned people would mistake my alcoholism with my diagnosis," he says. "It's a tricky business."

It's the latest hurdle for Cassidy, who shot to superstardom at 20 on the squeaky-clean charm of his "C'Mon, Get Happy" Partridge persona. Offscreen, however, his home life was rocked by tragedy: His father, Broadway veteran Jack Cassidy, struggled with bipolar disorder and alcoholism for years until his death at 49 in a house fire set by a lit cigarette. "There was some part of him that could be so generous, but he was so self-involved," Cassidy says of his dad, who had three sons with second wife and Partridge matriarch Shirley Jones. "He loved Christmas, but other than that you never really saw him." Still, he instilled a fierce work ethic and love of performing in his oldest son: "I could feel it in my whole body—that's what I wanted to do. When I get onstage, all my pain goes away."

At the peak of his fame in the early '70s, Cassidy sold out arenas around the world—winning the hearts of millions of young fans. "He was always the



HIS TV FAMILY With his Partridge castmates in 1970. Clockwise from top left: Susan Dey, Cassidy, Danny Bonaduce, Suzanne Crough, Shirley Jones and Jeremy Gelbwaks. "I didn't know anything else," says Cassidy.

one that got the girls," says his longtime friend Sam Hyman, who first met him in junior high. "He always had that charm." But the glare of the spotlight took its toll. "[Fame] definitely wore on him," says Hyman. "He never had a day off." Turning to drugs and alcohol, Cassidy found solace in self-medicating. "I remember times in my life that I wouldn't speak to another person for a few months," says the star. "I was fine with it." Asked if there is anything he looks back on with regret, he says, "The list of things I've done that I wish I wouldn't have would be so long that I couldn't possibly share it."

In 2008 Cassidy publicly admitted his struggle with

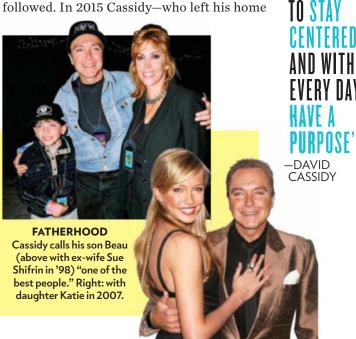
alcohol abuse. Despite multiple efforts to get his addiction under control, he repeatedly relapsed. He was arrested for DUI in 2010, 2013 and again in 2014. "It was very painful to watch him selfdestruct," says Hyman. "I would just dread turning on the news that he had a DUI-or worse, that he didn't make it. When he got more than one DUI, I texted him and said, 'If you want to kill yourself with alcohol, you're going to make a lot of people unhappy.' He didn't want to hear it. He's had his problems with life and alcoholism and drugs, and he's still fighting those demons."

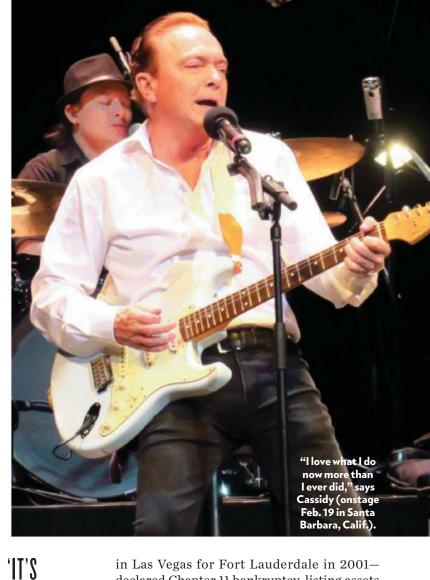
Cassidy's personal relationships have suffered as a result. Divorced three times, he says he is close with his son Beau, 26 ("a beautiful person"), but isn't in contact with his daughter Katie, 30, an actress who has appeared on Gossip Girl and Arrow. (Her mom is former model Sherry Williams.) "I was her biological father, but I didn't raise her," he says. "She has a completely different life."

As he spiraled into addiction, more troubles

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in Las Vegas for Fort Lauderdale in 2001declared Chapter 11 bankruptcy, listing assets and debts up to \$10 million. That same year he received his dementia diagnosis. "The day I was diagnosed, I felt anxious," he says. "I can't remember the last time I felt that way. I knew there would be something wrong."

But as the full weight of his illness set in, Cassidy, who travels to the Cleveland Clinic twice a year for checkups with his medical team, made what he calls "one of the most difficult" decisions of his lifeafter 50 years of performing around the world, he would no longer tour. "When you work eight times a week, week after week, it does take its toll on you," he says. Although he knows he has a difficult road ahead, he remains optimistic about his future. "I'm going to whittle," he jokes when asked how he plans to use his newfound free time. He says he'll continue to make special appearances after wrapping his final tour: "I can still sit in my living room with my guitar and play like I did when I was 17."

With the time he has left, he says his goals are simple: "I want to focus on what I am without any distractions. I want to love. I want to enjoy life. In the end, I just want to be happy." ●





Sports Illustrated's Curviest Swimsuit Model





WHEN THE CALIFORNIA BEAUTY ACCEPTED HER SIZE, HER MODELING CAREER TOOK OFF-AND NOW IT'S GOING SWIMMINGLY!

By JULIE MAZZIOTTA

HUNTER McGRADY ALWAYS DREAMED of appearing in *Sports* Illustrated's iconic swimsuit issue—but she couldn't have guessed that it would happen for her at a size 16. Just seven years ago, McGrady, 23, was struggling to book jobs as a size-2 model and working out constantly to maintain her 5'11", 114-lb. frame. "I would eat nothing, and I would be in the gym for hours at a time," says McGrady, who grew up in Westlake Village, Calif. "When I was 16 years old, I walked into one of my very first modeling jobs as a size 4. They looked at me and said, 'We didn't realize you were this big,' and they sent me home. I was so upset." Rather than continuing to fight her body's natural shape, McGrady decided to accept her curves. "I've been an 18, I've been a 10, and I've been everything in between, "she says. "Right now I



The 2017 issue, featuring McGrady as one of this year's rookies, is on sale now.

sit at a 14/16, and I love it, because this is my God-given body." About four years ago McGrady heard about curve modeling and went into Wilhelmina Models, where they signed her on the spot. "I booked my first job for Lucky Brand a week after I signed, and I didn't even go in to meet with them," she says. "It was just confirmation that I was doing the right thing." She steadily racked up jobs with Lane Bryant, Bare Necessities and more before getting the call from Sports Illustrated in December. "It's a moment-not just for me, but for women in history-to be in this issue," McGrady says. "I want women to see this and feel inspired and sexy-and able to own their body!" ●

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People FINDING SOLUTIONS TO GUN VIOLENCE

A Survivor's Crusade

After living through the nation's deadliest mass shooting, in Orlando, Angel Colon pushes lawmakers to prevent terrorists from purchasing guns By STEVE HELLING



The Pulse tragedy on People's June 27, 2016, cover.



Angel Colon lay surrounded by bodies on the bloodstained floor of Pulse nightclub in the early morning hours of June 12, 2016, bracing for his own death. Unable to move after being shot six times, Colon closed his eyes as the gunman walked through the darkened Orlando club, emptying bullets into bodies to make sure victims were dead. As the killer grew closer, Colon says he made his peace with God. "I prayed, 'Lord, please, not like this. I still ha<mark>ve a</mark> lot to do with my life,'" he says. "I begged God to give me a second chance."

Now the 26-year-old survivor is making the most of it. After being saved by a police officer

"I wasn't going to let this break me,' says Colon (with family and doctors at a hospital press conference two days after the shooting). I found out the whole world was watching and everyone was talking about Pulse. I had to do something.

who burst through a side door and dragged him to safety, Colon has become a powerful advocate for the Brady Campaign to Prevent Gun Violence, lobbying Congress to prevent dangerous individuals from acquiring guns-including anyone with ties to terrorism. Though Pulse gunman Omar Mateen, 29, had been investigated by the FBI for connections to terrorism-and called 911 during the shooting spree to pledge his allegiance to the Islamic State—he legally purchased the semiautomatic rifle and 9mm Glock semiautomatic pistol he used to kill 49 people and injure 53 others at a gun shop days before the attack. "One minute I was



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having fun and the next, I was shot multiple times and fighting for my life," says Colon, a former Zumba dance-and-exercise instructor. "I was shot by a man who never should have had a gun."

Just two days after the shooting, Colon was still

in the hospital with a shattered left femur and

five other bullet wounds in his right leg, left side,

hip and hand, when he agreed to participate in a

press conference about the attack. He remembers

being stunned by the number of cameras and re-

porters in the room and by the reach his interview

attained: He returned to his room to calls from re-

porters as far away as London and Japan. It was

in that moment, he says, that he knew he needed

to use his story to try to prevent what happened

to him from happening to anyone else. "I'm not a

political person at all," Colon says. "But this isn't

'I'm glad to be alive. happen to anyone else'

I don't want this to ever

I'm making

the most of my second chance at

life," says Colon (second from left)

with other Pulse shooting survivors.

-ANGEL COLON

politics. This is my experience. This is my life. This happened to me and to a lot of other people, and I didn't want it to be for no reason."

As he struggles to put his life back together after three surgeries and months of grueling physical therapy—"I still don't walk perfectly," he says, "and I have a long way to go, but I'm healing every day" he believes sharing his story is giving him strength and purpose. In addition to meeting with congressional power players like House Minority leader Nancy Pelosi and Senator Marco Rubio, Colon is preparing for additional speeches, appearances and meetings with Congress. "I saw humanity at its worst," he says. "But the work I'm doing now and all the support I've received is humanity at its best. People have come together to help."

For his own peace of mind, Colon says he has forgiven the man who shot him and killed so many others at Pulse that night. "I had to leave the anger behind," he says. That means looking forward to making people listen to his concerns about gun violence. "I'm going to keep telling my story to everyone," Colon says. "I'm going to change the world."

The 49 victims killed at Pulse were among 15,060 people who lost their lives to gun violence in the United States in 2016, according to the nonpartisan research group Gun Violence Archive. Contact your congressional representatives, whose phone numbers are provided on the following pages; find out what they're doing about this gun violence epidemic-and let them know what you think should be done to stop it.



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202-225-4921 Rep. Terri A. Sewell

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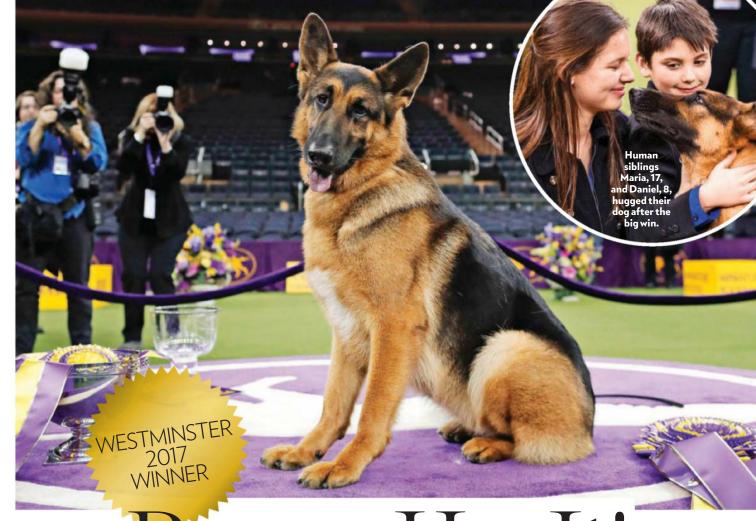
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Rumor Has It!

THE BEST IN SHOW CHAMPION IS READY FOR A RETIREMENT FILLED WITH PUPPIES AND PRIME RIB

very dog has its day. Rumor's day just happened to be bigger than most: The 5-year-old German shepherd won Best in Show at the 141st Westminster Kennel Club Dog Show on Valentine's Day at New York City's Madison Square Garden, topping runner-up Adrian the Irish setter and five other dogs. Rumor's handler and co-owner Kent Boyles brought her out of retirement in January to compete in the show. She had just missed taking the title in 2016, winning her

group but losing Best in Show to CJ the German shorthaired pointer. Now Rumor is saying goodbye to the ring for good and kicked off her golden years with a celebratory steak at New York City's famed Sardi's following a trip to the top of the Empire State Building, Boyles says Rumor is ready for "a big nap" and a life filled with "normal dog things" at

their home in Edgerton, Wis. For this German shepherd, a breed known for being a phenomenal family pet, it means spending time with her human siblings Maria, 17, and Daniel, 8-who named the dog after Adele's hit "Rumor Has It"-plus the family's Mittens the cat, Massimo the Chihuahua and X the Chinese crested. "She loves chasing those little dogs around the house," Boyles says. He hopes Rumor will soon be running after puppies as well, announcing at Westminster that he is on the hunt for her "perfect

husband." But he's in no rush: Rumor dined on a elebratory steak at

stage 1 NEWBORN









In many ways Tiffani Thiessen's culinary career dates back to age 16, when she was playing Kelly Kapowski on the '90s hit series Saved by the Bell. 'I was touring with Mark-Paul Gosselaar in Europe and was learning about different cultures and cooking techniques," she says, "So I started doing my own research, watching other people cook and trying different styles of food. My love of entertaining and cooking truly came from traveling."

Now, Gosselaar is one of many former costars who pop up on Thiessen's Cooking Channel show Dinner at Tiffani's, currently in its third season. "You see these celebrities in a casual place, where they're stuffing their faces and drinking and being silly," she says.

The idea for the serieswhich Thiessen, 43, took to the network while she was starring on White Collar was inspired by the many "enormous feasts" she would host at home with her husband, artist-actor Brady Smith. "For us, it's like having people over and there just happen to be cameras there," says Smith.

6TT SOMEONE'S COMING **OVER FOR** DINNER. THEY'RE **GOING TO** HELP—I'LL **PUT THEM** TO WORK!

-TIFFANI THIESSEN

Growing up in Southern California, Thiessen learned

the art of feeding people from the strong female role models in her family. "I have many visions of my mom, my aunt and my grandmother in the kitchen cooking-literally seeing the backs of three ladies in the kitchen over a stove or doing dishes," she says. "As I got older, I knew I wanted to be in there with them more and more."

Thiessen is set on re-creating that picture for her daughter Harper, 6, and son Holt, 20 months,

Dinner at Tiffani's All-Star Reunions

Jason Priestley The Beverly Hills 90210 actor and his wife. Naomi. ioined the couple

or a "wedding-themed' menu of arugula salad, osemary potatoes and filet mignon



Elizabeth Berkley Thiessen gave her Saved by the Bell costar a cooking lesson during their girls' night in. "We used to spend long hours together onset. It's nice to reconnect. says Thiessen.

Matt Bomer & Tim DeKay

to get Matt on the show, says Thiessen, who made salmon and couscous for her White Collar costars. "It's always about scheduling.





Mark-Paul Gosselaar Zack and Kelly are ack! The former Saved by the Bell lovebirds had a double date with their spouses. It was "the most anticipated episode," says Thiessen.

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in their Los Angeles home-with Smith, 45, on dish-washing duty. "Now that my daughter is old enough, she loves to be right beside me, learning how to cook herself," says Thiessen. "Holt is kind of getting into it now too."

A self-described "complete home chef," Thiessen refined her skills by reading cookbooks and looking to her chefidols like Martha Stewart and Andrew Zimmern. "I've never gone to culinary school, and I've had plenty of screw-ups in the kitchen," she admits. "That's how I learn."

If she's developing a new recipe for the show or for her family's weeknight dinners (which, as someone who is "type A all the way," are prepped on Sundays), Thiessen finds inspiration "from a trip I just went on or a craving I'm having—or I'll take old recipes from a family member and update them." She always approaches everything with ease and practicality in mind. "Nothing I do is hard," she says. "Promise."

Just don't expect Thiessen to give up Hollywood

completely to pursue cooking full time."Acting is my first love and always will be. It's what I've done my whole life," she says. "Plus, I don't look at cooking as work. The fact that I've been able to attract a whole new audience and make a career out of it is lovely."

-ANA CALDERONE

PEA & PANCETTA SPAGHETTI CARBONARA

- 1 (1-lb.) pkg. spaghetti cups fresh or thawed frozen sweet peas
- cup heavy cream
- tsp. black pepper
- large egg
- tsp. kosher salt, divided
- oz. pancetta, chopped
- tbsp. olive oil
- shallot, diced
- garlic cloves, minced Freshly grated Parmesan cheese

Chopped fresh mint

- 1. Cook spaghetti according to package directions, adding peas during last minute of cook time; drain pasta mixture.
- 2. Whisk together cream, pepper, egg and 1/4 teaspoon salt in a small bowl.
- 3. Cook pancetta in a large saucepan over

medium-low heat, stirring occasionally, until browned, 8 to 10 minutes. Using a slotted spoon, transfer pancetta to a bowl. Reserve drippings in pan. 4. Add olive oil, shallot and remaining 1/2 teaspoon salt to drippings in pan. Cook over medium-low heat, stirring often, until shallot is soft and golden, 2 to 3 minutes. Add garlic; cook, stirring often, just until fragrant, about 1 minute. Stir in pancetta and pasta mixture. Add cream mixture a little at a time, and toss lightly to create a smooth creamy sauce. Transfer to a warm serving dish, and garnish with cheese and mint.

Serves: 4

Active time: 20 minutes Total time: 25 minutes



THE BEST ALMONDS

MAKE THE BEST AND ALMONDMULK



t<mark>ime trave</mark>li<mark>ng,</mark> but I always try to be back home on the weekends," the 47-year-old chef says. "Some nights I come home early so I can just be with my daughters and cook."

It's in their kitchen in Bethesda, Md., that Andrés gets to be most creative, testing out new dishes on his wife, Patricia Fernández de la Cruz, and their three children, Carlota, 17, Ines, 15, and Lucia, 12. "Cooking in restaurants is very methodical, but at home I am in a free environment where anything is possible," he says. "I usually never make the same thing twice."

Born in Mieres, Spain, Andrés visited America

CIVIC SELFIE

Andrés and his wife officially became U.S. citizens in November 2013. "Thanks to all for being part of our world!" he wrote on Instagram.



for the first time when he was in the Spanish Navy. "I was high up on the mast of the ship and saw the Statue of Liberty on my left," he recalls. "It was a very powerful image for me as a young man." After getting his formal culinary education in Barcelona, he eventually relocated to Washington, D.C., to open his first restaurant, Jaleo, in 1993, where he pioneered the concept of tapas in America. "For a cook, when you are in a city where you can experience every ingredient and

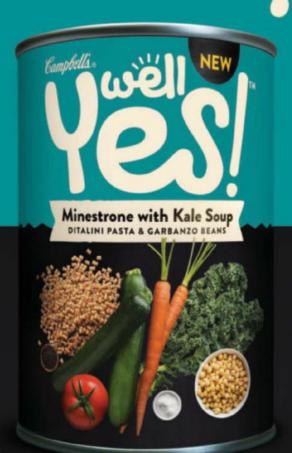
every dish from anywhere in the world, there are so many opportunities to enrich yourself."

Twenty-four years and 26 restaurants later, Andrés found himself at legal odds with President Donald Trump after he backed out of a project in D.C.'s Trump Hotel, sparking a lawsuit last year from the then-candidate. The move was a reaction to Trump's controversial remarks on the campaign

'SUCCESS TO ME IS BBING SURROUNDED **BY PEOPLE YOU LOVE** AND FEELING LIKE YOU'RE **LOVED TOO?**

-JOSE ANDRES

Minestrone Wale Peacefully Coexist?



Soup the right direction trail about Mexican immigrants, which the chef claims deterred Hispanic staffers from wanting to work there. "I didn't think the business was viable," Andrés says, "I did what I had to do. I was put in that situation. [Trump] did what he had to do. But I wish

the best to the hotel and to the chefs."

THE RICH DIVERSITY OF FOOD IN **AMERICA IS WHAT MAKES US** SPECIAL AND **UNIQUE**⁹ -JOSE ANDRES

His celebration of diverse cuisines is reflected in his work—with his D.C. restaurants like Zaytinya and Oyamel, focusing on Mediterranean and Mexican fare, respectively—and his home cooking. "Where my wife and I come from in Spain, every family has their goto dishes," he says, naming de la Cruz's specialties like croquetas and fish stew. "We keep those but add more from other regions. One night we may have spaghetti carbonara, and the next night sashimi with soy sauce and rice. My

home has been part of that melting pot of America."

The importance of cooking is something he tries to instill in his daughters. "One of the best things anyone can have is the knowledge to feed others," he says. "My children watch me, and I hope they will carry on that tradition." - SHAY SPENCE



QUICK TIP Pour brandy into the skillet slowly because it may flame up a bit. If so, don't worry: The alcohol will quickly burn off and the

GARLIC SHRIMP (GAMBAS AL AJILLO)

- 14 cup Spanish or Italian extra-virgin olive oil
- garlic cloves. thinly sliced
- dried chilis de árbol or 1/2 tsp. crushed red pepper
- lb. peeled and deveined raw shrimp with tails
- tbsp. brandy
- tbsp. fresh lemon juice (from about 2 lemons)
- 12 tsp. kosher salt Chopped fresh flat-leaf parsley
- 1. Heat the olive oil in a large skillet over medium heat. Add the sliced garlic, and cook, stirring occasionally, until the garlic begins to sizzle, about 2 minutes, Add the chilis or crushed red pepper flakes, and cook, stirring occasionally, 1 minute.
- 2. Increase heat to high, and add shrimp to skillet. When shrimp start to change color, about 1 minute, stir in brandy and lemon juice. Remove from heat, and season shrimp with salt. Stir to combine. Sprinkle with chopped parsley, and serve immediately.

Serves: 5 Active time: 10 minutes Total time: 10 minutes

Philanthropy Inspired by his three daughters, Andrés started the World Central Kitchen (worldcentralkitchen .org), a nonprofit organization that fosters culinary programs and businesses in developing countries. "I have to make the world a little bit better for my kids," he says. "It helps keep me in check on what's really important."

Food

ORBIT WHITE*



TIMETSHINE



Sam Talbot is extremely short on free time. "I'm in the kitchen from 8:30 a.m. until at least midnight every night," says the Top Chef all-star, who opened Pretty Southern, his new Brooklyn hot spot, in January. "I'm always covered in flour or knee-deep in the fryer. Some nights I'm even cleaning the bathrooms, but that's all part of the job." The menu-comfort foods like grits, collard greens and fried chicken—comes straight from his childhood. "I grew up making biscuits," says Talbot, 39, who was raised in Charlotte, N.C., and Charleston, S.C. "Southern food is what I know and love. It's in my DNA."

ONCE IN A WHILE. BUT FOR ME TO BE AT MY BEST. I HAVE TO BE HEALTHY?

-SAM TALBOT

But Talbot's cooking doesn't exactly mirror the traditional dishes from his youth. At age 12, he was diagnosed with type I diabetes, and he has learned how to adapt family favorites to fit restricted diets. He prepares his grits with coconut milk (they're so rich, diners don't miss the heavy cream), and his fried chicken can be breaded traditionally or with a gluten-free blend of millet, sweet potato and rice flours. While whole foods replace conventional ingredients whenever possible, calories can still add up. Sometimes even Talbot is tempted to overindulge. "I'm a chef, but I have to practice moderation," he says. "I love my

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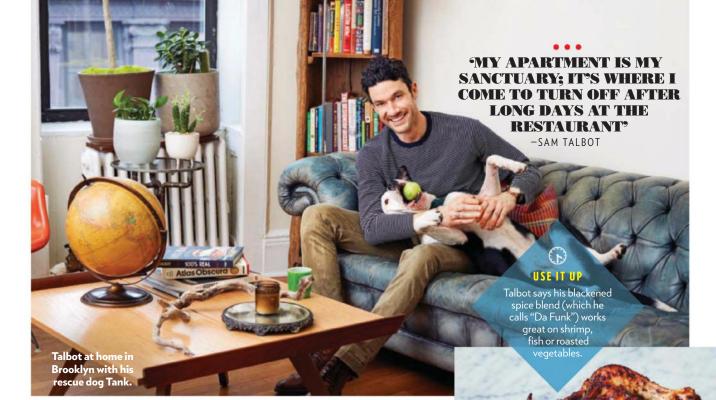


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BY Smart Ones

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banana pudding, but I can't eat that every day. I'll allow myself a scoop on Sundays." To keep his blood sugar up during long shifts, he keeps fresh beet, carrot and pineapple juice in the kitchen. "Being a diabetic means you need to constantly think about what you're eating, when you're eating and how to keep your joints moving," Talbot says. "I'll go up to the roof and do 50 push-ups in the middle of the day." Twice-daily meditations and skateboarding to work are also essential breaks from his job.

Since his life is "literally nonstop," Talbot makes sure his cozy home-located about a mile from the restaurant—is a quiet place, filled with potted succulents and cacti. "I have a green thumb," he says. "I'm obsessed with my plants; they're calming."

While he may not have much time for Netflix binges or date nights with his girlfriend, model Sam Tannehill (they share the same first name, "funny enough, go figure!"), Talbot insists that the sacrifices are worth it: "I'm building my dream," he says. "I want to bring people back to what they grew up eating and do it cleaner and more modern." - CATHERINE KAST

BLACKENED ROAST CHICKEN

- 1 (2½-to 3-lb.) organic whole chicken
- tbsp. paprika
- tbsp. onion powder
- tbsp. garlic powder
- tbsp. kosher salt
- tbsp. lemon zest (from about 2 lemons)
- tsp. cayenne pepper
- lemon, halved
- bunch fresh thyme sprigs
- cup olive oil
- small shallot, chopped
- 1. Preheat oven to 375°. Remove chicken giblets, and save for another use or discard. Pat chicken dry with a paper towel, and place in a small roasting pan.
- 2. Stir together paprika, onion powder, garlic powder, salt, lemon zest and cayenne

pepper in a medium bowl. Add lemon halves and thyme, and toss to coat.

- 3. Heat olive oil in a small skillet over medium. Add shallot, and cook, stirring often, until tender, 3 to 4 minutes. Add shallot and oil to seasoning mixture; stir to combine.
- 4. Remove lemon halves and thyme from seasoning mixture and place in cavity of chicken. Rub remaining seasoning mixture over chicken and under skin of the breasts.
- 5. Roast chicken in oven until a thermometer

inserted in the thickest part of thigh registers 165°, 50 to 55 minutes.

6. Remove chicken from oven. Remove thyme and lemons from cavity. Squeeze lemons over chicken and garnish with the thyme. Let chicken rest 10 minutes before carving. Serve with roasted vegetables, if desired.

Serves: 4 Active time: 15 minutes

Total time: 1 hour, 20 minutes

3 Things I Learned Top Chef

KEEP CALM AND CARRY ON

"On-camera, you've got to keep cool," says Talbot, who competed on *Top Chef* seasons 2 and 14. "Rather than yelling if the blender hit the floor, I learned to breathe and not be so reactive. It's like, 'Let's come up with a solution.'



WINNING ISN'T EVERYTHING In 2007 he finished third and won Fan Favorite. "I was 29; the show was my thing," he says. But this season an early elimination didn't get him down. "My drive was to put my restaurant out there. I've got so much going on now!"



ADAPT TO ANY SITUATION The 6'5" chef faced an unexpected challenge while filming: sleeping in a tiny twin bed. "My knees were hanging off," he says. Plus, he joked that fellow contestant Sheldon Simeon "snored like a beast!

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JAIME CAMIL

The actor, 43, now stars on the CW's Jane the Virgin but says making it in America took tenacity



Camil with (from left) Andrea Navedo and Gina Rodriguez on Jane.

ACTOR MEXICO CITY LOS ANGELES

Performing Is in His Genes

The son of Cecilia Saldaña da Gama, a Brazilian singer, and Mexican billionaire Jaime Camil Garza, the actor and singer originally wanted to study at Boston's Berklee College of Music, but his father told him he needed a "real career" instead. "He wanted me to pursue anything but a career in entertainment!" he says.

Listening to Fate

After getting a business degree, Camil became a radio and television host in Mexico as he pursued singing. "I started to act to help my music career," savs Camil, who found unprecedented success in 2006 as the male lead in LaFea Más Bella, the Mexican version of Ugly Betty. "I think the universe was saying, 'You should really go that way,'" he says of devoting himself to acting. "Thank God I listened to the message."

Crossing Over

"I had to be patient," Camil says of the years he spent attempting to find success in English-speaking roles. "I could say, 'I was on two of the highest-rated novelas,' and studio

execs would go, 'Eh, I don't really watch Latino networks.' There's so much talent with a massive fan base that they are missing out on."

Success with Jane the Virgin

"It's just a show about humans who happen to be Latino," says Camil, who stars as Rogelio, the telenovela-star dad of Jane (Gina Rodriguez). "I think it's great that we're showing Latinos as who they are, which is normal middle-class people just like almost everyone else in this country."

-PATRICK GOMEZ

"I love that there's starting to be more diversity in American TV," says Camil (inset with pal Eva Longoria). "American pop culture entertains the world, and Hollywood has a responsibility to be inclusive and portray a world of tolerance."

→ For more American Voices, go to TIME.COM/AMERICANVOICES

Discovering the Weight Loss **Phenomenon**

"I lost 36 lbs and more than 12.5% of body fat!"



Isela G. (San Antonio, TX) is a Registered Dietitian and a Certified Diabetes Educator.

s with a lot of people, Isela's weight had gradually crept up on her. A few ounces here, a couple of pounds there. And even though she knew the necessary tools to lose weight, she was looking for that extra boost to get her diet started and help her stay on track to achieve her goals.

"I saw Almased advertised in a magazine and went on the website to research the product. Thoroughly reading everything about Almased, I studied the ingredients, composition and the theory behind how it works. I also read product reviews online. Even so, I was skeptical, but I decided to give it a shot."

As a health care professional, Isela was intrigued by the all-natural Almased formula. Made from non-GMO soy, yogurt and enzyme-rich honey in a unique fermentation process, Almased contains no artificial fillers, flavors, added sugars, preservatives or stimulants. Low in carbs and gluten-free, Almased packs a whopping 27 grams of high-quality protein per serving, which helps to manage hunger and cravings for up to four hours. Easily mixed in cold liquids, Almased supports the metabolism and helps the body burn fat while retaining lean muscle mass and balancing blood sugar and thyroid function.

"With the help of Almased and the Almased Diet Plan, which is customizable based on individual goals, needs and lifestyle, I lost 36 lbs in 7.5 months! I went from a size 10-12 to a size 2 in jeans. I went from wearing a size L-XL in tops to wearing a size XS-S. I lost weight and more than 12.5% body fat while preserving my lean muscle mass."

Isela was not only able to lose the weight, but she also avoided the dreaded yo-yo effect: "It has been six months since I finished the Almased Weight Loss Program, and I have kept the weight off! I am happy that I learned to achieve a healthy balance with eating and physical activity. The most beautiful and rewarding experience is that I can now share my story and inspire others."

To read Isela's full story and learn more about the Almased Diet Plan, visit www.figureplan.com and enter source code PM10A.



As always, consult your doctor or health care team before beginning any weight loss program or reducing your dosage of current medications.



ena Dunham is ready for a new challenge. For six seasons Dunham, 30, created and starred in HBO's *Girls*, becoming a bestselling author and a feminist thinker along the way. She embraced all those roles, and the series she launched at 25, now in its final season, will be remembered as a touchstone for a generation. But although it's almost over, Dunham says she knows she'll work with castmates and pals Allison Williams, 28, Jemima Kirke, 31, and Zosia Mamet, 29, again. "Because finding people you can be creative with?" she says. "That's harder than finding someone you can sleep with."

Your characters all struggled with bleak realities. Will they get happy endings?

DUNHAM Zosia, who plays Shoshanna, is the one who has the most traditionally happy ending—mainly because Shoshanna always dreamed of having that *Sex and the City* ending. I cried at her

GIRLS TO WOMEN

"This is the biggest thing we've ever done," says Mamet (second from right, with, from left, Williams, Dunham and Kirke). williams I was just hoping this would be the year where my character Marnie is fixed. Every year I asked Lena if this is the one, and she's always like, "Oh yeah, that's what makes great TV—watching the girl who has it all figured out!"

How has life changed since the show?

WILLIAMS I'm mostly ignored by paparazzi, but I try my best to stay boring.

DUNHAM They're outside my house about once a week. If I've said something scandalous, they're there. The funniest is when we're out in public as friends—it's like they're seeing a giraffe in the wild.

Do people assume you're like your characters?

DUNHAM Yes, and it makes me insane. We're acting! But we always get auditions for parts that are *exactly* like our characters.

MAMET If I had a dollar for every script where the character is eating cereal in her underwear...

CONTINUE 1 As their boss and friend for six years, I can assure you these women are incredible actors. Any job you gave them to do, they would kill it. ●

Photograph by ROBYN TWOMEY PEOPLE March 6, 2017 87





Carrie Underwood

THE COUNTRY STAR GETS CANDID ABOUT MAKEUP AND MOTHERHOOD

How did your love of makeup start?

I always wanted to be like my older sisters growing up. When I was 4 years old, they would dress me up and do my hair and put makeup on me. I was a human Barbie doll. What's your go-to product these days? Almay's Healthy Glow Makeup because there's self-tanner in the foundation. [She's a spokeswoman for the brand.] When I heard that, it blew my mind. For years I would put self-tanner on when I didn't have to go anywhere, because it's hard to get the whole self-tan-and-makeup thing right. Do you ever leave

AND HAIR HAVES!

> Almay Healthy Glow Makeup + Gradual Self Tan in Light/Medium, \$14.99; at drugstores

It's nice to have things that enhance what you like and cover up what you don't. I like walking by a mirror and thinking, "I feel put together!" It's a confidence booster. Your son Isaiah is 2 Has being a mom affected your routine? I don't have time for unnecessary complications. Like right now I need a haircut that I can brush quickly. Maybe someday I'll have long hair again, but right now it's simple. Is there something you wish every mom knew? Cut yourself some slack. I put so much pressure on myself because I, like every other mom out there, am just trying to juggle everything. I want to be a great mom, a great wife, a great friend, a great daughter and a great singer and songwriter. But at the end of the day, we just all need to say, "It's okay. You're doing a great job." How do you spend date night with your husband, hockey player Mike Fish Honestly, we haven't had one in a long time! But we like going anywhere quiet where we can gaze into each other's eyes and talk without our son tugging on my

pants saying, "Mama

SHAVED MY LEGS. IT'S NOT OVER-THE-TOP "I married the most wonderful man, and I'm glad I'm settled," she says of her husband of six years.

1FEEL BEAUTIFUL WHEN

NIGHT'S SLEEP, TAKEN

A DECENT SHOWER AND

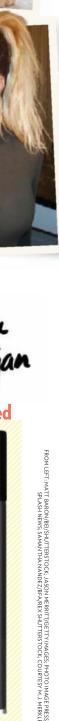
I'VE GOTTEN A GOOD

LOOKS SHE LOVES!

The 33-year-old singer, who also founded the fitness line Calia by Carrie Underwood, loves pieces that are sparkly, feminine and easy. "I like dresses that I can zip up and go!" she says.

IN IRIS SERBAN

By Jackie Fields





Pretty Ponytails

JUSTINE MARJAN, THE HAIRSTYLIST WHO TURNED THIS CASUAL UPDO INTO A MUST-HAVE LOOK, SHARES HOW TO GET IT JUST RIGHT

SEEK INSPIRATION

Ponytails flatter everyone because there are so many different variations. Plus, they really elongate your face and bring attention to your eyes and cheekbones. One of my favorite idea sources is Instagram, where I also love to post fun and different looks I've created.

CONCENTRATE ON YOUR PART

When I am creating a part, I spend a long time making it perfect with a rattail comb. If it's not, it just doesn't give the same dramatic effect. For Kim's look I added a sharp middle part, which was actually her idea. She knows exactly what she

wants. She also wore a choker, so we didn't want any hair around her face or on her neck. PERFECT YOUR PLACEMENT

You have to play with the height of your ponytail to find what complements your face shape. I definitely recommend taking selfies of your profile as well as straight-on to see what looks best.

beauty HACK

To give your look a boost of volume, insert bobby pins into the ponytail holder vertically to hoist your hair up, says TRESemmé global stylist Marjan, 29.

ACE YOUR BASE

I have a really easy trick that I do with clients like Kelly to keep this look superclean: Simply tilt your head back when you're securing the ponytail. Then, when you lift your head upright again, the hair in the back will lie perfectly flat against your head.

MAKE YOUR DO GO THE DISTANCE What's great about

What's great about ponytails is they can last more than a day! With Olivia we were styling her hair in the morning and needed it to hold up through the night, so I did something slick and secure. I usually gather the hair into a ponytail using a brush that I

spray with a stronghold hair spray. I also comb a little pomade through the roots to tame baby hairs. EMBRACE YOUR TEXTURE

I didn't spend a ton of time on Khloé's hair, because we worked with her natural texture to create an effortless look. I also pulled out a few pieces around her hairline to frame her face. With Khloé, whatever we do, it has to be sexy.

MIX IN BRAIDS

My clients get their hair done all the time, so I have to keep it fresh and exciting. For Chrissy's look I added a Mohawk-inspired braid. She loves braids! And it's nice to do something different.

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By Jessica Fecteau





Andy Roddick & Brooklyn Decker's Austin

THE COUPLE SHARE THEIR HOMETOWN HANGOUTS AS THE CITY PREPS FOR THE SXSW FESTIVAL, MARCH 10–19



3. Hotel Saint Cecilia

"There's a hotelier named Liz Lambert in town, and everything she touches is beautiful," says Decker. Hotel Saint Cecilia, a gem right off South Congress Ave., is overrun by 300-year-old oaks. "She also did the Hotel San José, which has an excellent bar. My favorite weird cocktail there is red wine with tangerine soda."



onelastthing

Christine Baranski

THE ACTRESS, 64, STARS IN THE NEW CBS SPINOFF THE GOOD FIGHT

Last game I played

The last game I played was yesterday with my 3-year-old grandson. We put a blanket over the dining room chairs so we could hide underneath from the pirates. He kept going out to see if they were onshore yet.

Last wardrobe malfunction

I did *Live with Kelly*, and my V-neck dress was opening up. Right before I stepped out, the stage manager had to get tape, and I literally had to show him where on my right breast to put it. You make friends with people very fast, or you just have to let modesty go.

Last time I was recognized

More often than not, they point to me and say, "Leonard's mother!" even though I appear infrequently as her on *The Big Bang Theory*. The show is just such a megahit. There are worse things to be called, believe me.

Last time I sang out loud

At a tribute to CBS's Les Moonves, I was singing onstage with Julie Andrews and Carol Burnett. I just thought, "This is truly a once-in-alifetime, out-of-body experience, pinch-me moment."

Last indulgence

I was doing a long day of press for the show, so I said, "After this I'm going to have the nastiest, driest, dirtiest martini with a greasy hamburger and fries." And that's what I did. Halfway through the interviews, I kept thinking, "Greasy burger, dry martini, greasy burger, dry martini..." It got me through the rest of the day.

Reported by Julie Jordan





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